



# **The learning age**

Removing barriers  
to learning  
for older people



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Widening opportunities through learning

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This guide records the results of a project which aimed to share good practice in providing learning opportunities for older people between organisations in Austria, Hungary, Ireland and the UK.

The project focused particularly on barriers to learning, and on ways of overcoming these. The guide gives practical examples of work being undertaken in each country which attempts to break down these barriers.

It is hoped that those who work with older people in social settings, or who are responsible for providing learning opportunities for them, will find this guide of practical use.

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