Ensure healthy lives and promote well-being for all at all ages

European Centre Contribution to Sustainable Development Goal 3

Christian Boehler and Rahel Kahlert
SDG 3.8: Universal health coverage

3.8 Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.
Goal of universal health coverage

“The goals of universal health coverage are to ensure that everyone can use the quality health services they need without experiencing financial hardship. Out-of-pocket payments can create a financial barrier to access, resulting in unmet need, and lead to financial hardship among people using health services.” (WHO, 2019)*

Example of assessing financial risk protection

Source: Can people afford to pay for health care? New evidence on financial protection in Europe. Copenhagen: WHO Regional Office for Europe; 2019. p.60
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## Contributions of the European Centre

<table>
<thead>
<tr>
<th>Project</th>
<th>Description</th>
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<tr>
<td>AFR</td>
<td>Age-friendly Region: New models to improve quality of life across the Austrian-Hungarian borders</td>
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<td>ASTAHG</td>
<td>Alpine Space Transnational Governance of Active and Healthy Ageing</td>
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<td>EXPO_SI</td>
<td>Piloting an integrated system for long-term care (LTC) in Slovenia</td>
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<td>Primary Care Reform</td>
<td>What drives career choices of primary care providers in Vienna, Austria</td>
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Age-friendly Region: Hungary and Austria

- Developed new health & care approaches so that older people in need of care can enjoy high quality of life in their home
- Established case & care management (CMM) in 6 rural pilot regions
- Developed quality standards for CCM
- Final conference: Presentation of evidence on November 14, 2019, in Zalaegerszeg, Hungary
The strategic objectives of the project are to:

• Improve governance capacities related to regional AHA policies
• Coordinate activities across sectors with a strong geographic focus
• Foster the transfer of innovation and initiatives for AHA across the AS
• Develop a social innovation framework for generating and adopting innovation for AHA involving both public and private actors
ASHTAG - Alpine Space Transnational Governance of Active and Healthy Ageing

Ages of governance

Source: Own drawing based on Balsiger and Vandeveer, 2012; Price, 2014
ASHTAG - Alpine Space Transnational Governance of Active and Healthy Ageing

Axes of governance

Source: Own drawing based on Balsiger and Vandeveer, 2012; Price, 2014
EXPO_SI: Integrated long-term care network

- An integrated network of formal care providers, informal caregivers, volunteers and other relevant stakeholders providing LTC services in the communities

- Easily accessible single entry points to facilitate access to LTC services:
  - assess eligibility
  - inform users and connect service providers
  - Coordinate care: personal care plan and
  - Oversee services

- Activating existing resources in the community
Primary Care reform in Vienna

- Even though the number of current residents in general medicine and paediatrics may be sufficient to cover the demand in primary care in the Vienna region, many residents seem to opt for alternative career paths, potentially leading to shortages in care coverage in the primary care sector in the future.

- The objective of this study was to learn more about the motivation, expectations and preferences of residents in paediatrics and general medicine in order to understand what drives their career choices, and how to make the primary care sector a more attractive career option.
Primary Care reform in Vienna

Motivation – Working conditions

Pediatricians

GPs
### Implications for Policy and Practice

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<th>Participatory</th>
<th>Patient/user to participate in decision health &amp; care process</th>
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<td>Person-centered</td>
<td>Health and care tailored to changing specific needs</td>
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<td>Integrated</td>
<td>Multi-disciplinary, integrated health and care teams</td>
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<td>Community-oriented</td>
<td>To provide health and care in the community and in support of family members (informal carers)</td>
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Feedback and questions are welcome!

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