



BRIEF CURRICULUM VITAE

Rocio Fernández-Ballesteros Ph.D.

- . Ph.D. in Political & Social Sciences and Dipl. in Sociology, Psychology, Specialist in Clinical Psychology.
- . Since 2009 Emeritus Professor. 1979-2009: full Professor of Psychology (Psychological Assessment and Evaluation and Psychology of Aging) at the Autonomous University of Madrid where she was Chair of the Department of Psychodiagnosis and Measurement (1980-1983) and First Dean of the Faculty of Psychology (1983-87).
- . President of the IAAP Division 2 (Psychological Assessment, 1990-4) and Division 7 (Applied Gerontology, 2002-06) and Member of the Executive Committee since 1990-2006). Fellow member of the *Gerontological Society of America*. Founder and former President of the *European Association of Psychological Assessment* (EAPA, 1992-1999).
- . Founder and former Editor-in-Chief of the *European J. of Psychological Assessment* (EJPA) (1985-2005). She has been Associate Editor of the *European Psychologist*, and she is Consulting Editor of 20 National and International Scientific Journals.
- . Coordinator or members of several European Research Projects on Aging financed by the European Union such EXCELSA-Pilot (“Cross European Longitudinal Study of Aging” 1997-02) and European Training Programs such as “Vital Ageing” (multimedia program developed in Spanish, English and Italian 2001-03)); member of the Steering Committee of the EUGERON a Biomed Project; CASOENAC (EU-Mexican States, 2009-11). Also, participant of ERA-AGE, Scientist Council member of FUTURAGE, Joint Programme Initiative participant, among others projects international projects.
- . Evaluator of several international organizations such as the European Union and UNESCO and consultant or advisor on aging and evaluation of the United Nations and the World Health Organization being member of the Expert Committee in developing the “II Plan of Action on Ageing” (UN 1999-01) and the booklet “Active Ageing” (2002).
- . Director of the Master Program on Social Gerontology (from 1990 to 2004; among other national , five Iberoamerican Editions: Buenos Aires 1994-96, Santiago, Chile, 1996-98; Brasilia, 1999-00; Mexico, 2002-04; La Serena, Chile, 2005-07). Invited lecturer on assessment, evaluation and aging issues in several Universities in Europe, America (North, Central and South), and Asia.
- . Author of 27 books (among them, she is the Editor-in-Chief of the *Encyclopedia of Psychological Assessment*, Sage, 2002 and of the *Geropsychology. An European perspective for an aging world*, (Hogrefe & Huber, 2007) and *Active Aging. The contribution of psychology* (Hogrefe & Huber, 2008) on psychological assessment and evaluation, and aging and more than 300 research articles published in Spanish, English, German, and Italian in peer review journals.
- . Among other Awards, in 2005 she received the *Aristotle Prize* conceded by the European Federation of Psychologist Associations and, in 2006, the *Distinguish award* for her contributions by the International Association of Applied Psychology (IAAP).

Recent Publications on Active Ageing and Related terms

ARTICLES

.Fernández-Ballesteros, R. (2001): "Environmental conditions, health and satisfaction among the elderly: some empirical results". *Psicothema*, Vol. 13.40-49.

.Fernández-Ballesteros, R.; Zamarrón, M.D. y Ruíz, M.A. (2001): "Sociodemographic and psychosocial factors: their contribution to life satisfaction". *Aging and Society*, 21, 25-43.

.Fernández-Ballesteros, R.; Díez Nicolás, J.; Caprara, G.V.; Barbaranelli, C. y Bandura, A. (2002): Self-efficacy and collective efficacy: structural relationships. *Applied Psychology: An International Review*, 51, 107-121.

.Fernández-Ballesteros, R. (2002): "Social support and quality of life among older people in Spain". In T. Antonucci, C. Okarandudu & H. Akiyama (Eds): Special Issue: Promoting Well-Being among older people. *Journal of Social Issues*, 58, 645-659.

.Fernández-Ballesteros, R., Caprara, M.G., García, L.F. (2004): Vivir con Vitalidad-m®: Un Programa Europeo Multimedia. *Intervención social*, 13: 65-85.

.Fernández-Ballesteros, R., Zamarrón, M.D., Rudinger, G., Schroots, H.J. Charzeska, L., Drusini, A., Heikkinen, E., Paul, C., & Rosenmayr, L. (2004): "Assessing competence: The European Survey on Aging Protocol (ESAP)". *Gerontology*, 50:330-347.

. Fernández-Ballesteros, R., Caprara, M.G., Iñiguez, J. y García, L.F. (2004): Promoción del envejecimiento activo: efectos del programa "Vivir con Vitalidad®". *Revista de Geriatria y Gerontología*, 40, 150-161..

.Fernández-Ballesteros, R. Zamarrón, M.D. y Tarraga, L. (2005): Learning potential: a new method for assessing cognitive plasticity. *International Psychogeriatrics*, 17, 119-128.

. Fernández-Ballesteros, R. (2005). Evaluation of "VITAL AGEING-M": A Psychosocial Programme for promoting optimal ageing. *European Psychologist*, 10 (2), 146-157.

.Andrews, G.R., Sidorenko, A., Gutman, J., Gray, V.N., Anisimov, V., Bezrukov, V., Botev, N., Davidovick, M., Fernández-Ballesteros, R., Hoskins, I., Goodwin, J., Kirkwood, T., Knipscheer, K., Lomraz, J., Nies, H., Nizamuddin, M., Stuckleberger, A., Topinkova, E., Troisi, J. & Walker, A. (2006). Research on Ageing: Priorities for the European Region. *Advances in Gerontology*, 18, 7-14.

. Fernández-Ballesteros, R. (2006). GeroPsychology. An applied field for the 21st Century. *European Psychologists*, 11: 312-323.

. Fernández-Ballesteros, R., García, L.F., Abarca, D., Blanc, E., Efklides, A., Moraitou, D., Kornfeld, R., Lerma, J., Mendoza-Núñez, V., Mendoza-Rubalcava, N., Orosa, T., Paul, C. Patricia, S (2008) Lay Concept of Aging Well: Cross-Cultural Comparisons. *J. American Geriatric Society*, 56, 950-952.

. Fernandez-Ballesteros, R. Frensch, P.A., D. C. Park, M. Pinquart, R. K. Silbereisen, U. M. Staudinger, H.-W. Wahl and K. E. Whitfield (2009). *Berlin Declaration on the Quality of Life for Older Adults: Closing the Gap between Scientific Knowledge and Intervention*. *Zeitschrift Für Gerontologie und Geriatrie*, 43; [European Journal of Ageing](#), 49-50.

. Fernández-Ballesteros, R. Cobo, L., Fernández, V., Caprara, G. y Botella, J. (2010). Do Inferences about Age Differences in Emotional Experience Depend on the Parameters Analyzed?. *Journal of Happiness Studies*, 11, 517-521.

. Fernández-Ballesteros, R., García, L.F., Abarca, D., Blanc, E., Efklides, A., Moraitou, D., Kornfeld, R., Lerma, J., Mendoza-Núñez, V., Mendoza-Rubalcava, N., Orosa, T., Paul, C. Patricia, S. . (2010).The concept of ageing well in Latin American and European countries *Ageing and Society*, 30, 41-56.

. Fernández-Ballesteros, R. Zamarrón, M.D., Díez Nicolás, J. et al. (2010) .Envejecer con éxito. Criterios y predictores. *Psicothema*, 22, 641-647. 120. Translated in English to *Psychology in Spain*, 2011.

- . Fernández-Ballesteros, R. (2011). Quality of Life in old life. Some problematic issues. *Applied Research in Quality of Life*, 11, 21-40
- . Fernández-Ballesteros, R. Zamarrón, M.D., Díez Nicolás, J. et al. (2011). Productivity in old age. *Research on Aging* 33, 205-226.
- . Fernández-Ballesteros, R. Zamarrón, M.D., Díez-Nicolás, J., López-Bravo, M.D. Molina, M.A., y Schettini, R..(2011). Mortality and participation in the longitudinal 90+ Project. *Archives of Gerontology and Geriatrics*, 53 e203–e208
- . Fernández-Ballesteros, R. (2011). Positive aging: objective, subjective and combined outcomes. *E-Journal of Applied Psychology*, 7, 22-30.
- . Montero, P., Fernández-Ballesteros, R. Zamarrón M.D. and Rodriguez, S. (2011) .Anthropometric, body composition and health determinants of successful aging: a gender approach. *J. Biosocial Sciences*, in press.

BOOKS

- .Fernández-Ballesteros, R. (Dir.) (2002): *Vivir con Vitalidad*. (5 Volúmenes) Madrid, Pirámide. ISBN: 84-368-1725-7.
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- .Fernández-Ballesteros, R. (Ed.) (2003): *Encyclopedia of Psychological Assessment*. 2 Vols. London: SAGE Publications. ISBN: 07-619-5494-5.
- . Fernández-Ballesteros, R.(Dir.)(2004):*Evaluación psicológica. Conceptos, Métodos y Estudio de Casos* Madrid: Pirámide.
- . Fernández-Ballesteros, R. (Ed.) (2007). *Geropsychology. European perspectives for an ageing world*. Gottingen: Hogrefe & Huber. (Traducción española "PsicoGerontología. Perspectivas europeas para un mundo que envejecer. Pirámide, 2009)
- . Fernández-Ballesteros, R. (2008). *Active aging. The Contribution of psychology*. Gottingen: Hogrefe & Huber. (Traducción española. *Envejecimiento Activo: La contribución de la psicología*. Madrid: Pirámide, 2008.
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