

PERSONAL INFORMATION

Stefania ILINCA

Sex F | Date of birth 05.11.1984

Nationality Romanian

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PERSONAL STATEMENT

I am a researcher at the European Centre for Social Welfare Policy and Research in Vienna and a technical advisor on long-term care for WHO Europe. After obtaining a PhD in Health economics from the University of Lugano I have focused in my research on health and long-term care service organization and policy, with particular attention to care integration, system performance and equity achievements. Through this work I hope to inform policy-making and raise awareness of the challenges faced by older people throughout and beyond Europe, in utilizing the care and support services they need and ultimately contribute to shaping health and long-term care systems that are accessible, fair and effective. I have extensive experience working at the interface between policy and research and in designing, implementing and disseminating results for research projects in the fields of health economics, health policy and public health.

EDUCATION AND TRAINING

July 2009 – July 2013

PhD in Economics

Institute of Economics, Università della Svizzera italiana, Lugano (Switzerland)

Graduated with distinction: Magna cum laude (17th June 2013)

Thesis: *“Essays On Care Integration And Frailty: Challenges And Perspectives”*.

Completed PhD training program : International Doctoral Courses in Health Economics and Policy – Swiss School of Public Health + University of Lausanne

Sept 2007 – Feb 2009

Master in Public Management

Bocconi School of Management, Milan (Italy)

Graduated with distinction: Magna cum laude

Oct 2003 – July 2007

Bachelor in Economics

Academy of Economic Studies, Bucharest (Romania)

WORK EXPERIENCE

June 2014 - present

Researcher and policy analyst – Health and care unit

European Centre for Social Welfare Policy and Research, Vienna – UN affiliated

My work includes designing, implementing and disseminating results for research projects in the fields of health economics and policy, as well as public health. I focus primarily on issues related to population ageing, chronic conditions, care integration, equity and discrimination in access to long-term care and ageism.

Current projects:

InCARE - Supporting Inclusive development of community-based long-term CARE services through multi-stakeholder participatory approaches (*financed by European Programme for Employment and Social Innovation “EaSI”*)

FUTUREGEN - Evolving gender differences in health & care across cohorts (*financed by Gender-Net Plus Era Net Co-fund*)

- June 2021 - present **Technical advisor on Long-term care, WHO European Office**
Provide technical support on long-term care to countries in the region, coordinate the WHO Europe LTC Forum, support the development of tools and guidance in the field of long-term care
- Jan 2021 – Dec 2023 **Scientific Advisory Board Member, Austrian National Public Health Institute**
Provide advice on scientific projects, review planned publications, peer-audits and participation in relevant scientific events
- May 2020 – Jan 2022 **Member of the European Group of Experts on Long-Term Care, AGE Platform Europe**
The group will define guidelines for high quality, equitable long-term care development in Europe, accounting for social and demographic changes
- August 2018 – Sept 2020 **Postdoctoral research fellow - Atlantic Fellow for Equity in Brain Health
Trinity College Dublin, School of Medicine / University of California San Francisco**
My research focused on analyzing inequalities and inequities in access to health and long-term care from a global perspective and gender inequalities in socio-economic risk factors and socio-economic impact of dementia.

In my policy-oriented work, I focused on raising awareness of pervasive inequalities in risk factors, health and impact of neurodegenerative diseases and on promoting the definition, adoption and implementation of national dementia strategies in Eastern European countries.
- July 2019 - present **Visiting research fellow
Care Policy and Evaluation Centre, London School of Economics**
Collaboration with STRiDE project team (led by Prof. M. Knapp & Prof. A. Comas) focused on expanding the STRiDE evidence toolkit, particularly in relation to equity in health and access to care, distributional fairness, gender, socio-economic and regional inequalities.
- Sept 2018 - present **Visiting researcher, The Irish Longitudinal Study on Ageing (TILDA)**
My work focuses on analyzing the dynamics of inequality in access to formal and informal long-term care for older individuals in Ireland from a longitudinal perspective (with Prof. D. Trepel).
- January- June 2019 **Short Term Consultant – World Bank**
Carry out analysis of inequalities in access/use of health care services in Kenya – using data from the 4th Kenya Household Health Expenditure and Utilization Survey (KHHEUS 2018) - to inform the rollout and evaluation of the national universal health coverage policy by the Kenyan Government.
- Sept 2013 – May 2014 **Research consultant – quantitative analysis**
Fondazione Giacomo Brodolini, Rome
- June – August 2013 **Post-doctoral researcher**
Università della Svizzera italiana, Lugano (Switzerland)

Sept 2009 – June 2013 **Teaching and Research Assistant (PhD candidate)**
Università della Svizzera italiana, Lugano (Switzerland)

RESEARCH NETWORKS

Oct 2018 - present Member of the Alzheimer's Association ISTAART, active role in the Health Policy Interest Group

August 2018 - present Member of the Women's Brain Project network

2016 - present Member of the Austrian Health Economics Association

2016- present Member of the Young Health Forum Gastein Network (2016-present)

2014 - present Active member (Austria) of the Working group on health and Long term care COST IS1402 Action "Ageism - a multi-national, interdisciplinary perspective" (2014 - present)

2010- 2014 Active member (Switzerland) COST IS0903 Action "Enhancing the Role of Medicine in the Management of European Health Systems" (2010 -2014)

LANGUAGE SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
Italian	C2	C2	C2	C2	C1
French	A2	A2	A2	A2	A2
German	B2	B2	B2	B2	B1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user
[Common European Framework of Reference for Languages](#)

SELECTED PEER-REVIEWED PUBLICATIONS IN SCIENTIFIC JOURNALS

Rodrigues, R. & **Ilinca S.** (2021) How does she do it all? Inequalities in education attainment and reconciliation of employment and caregiving to frail older people among middle-aged Austrian women, *Social Policy and Administration*

Phillips, S. P., Vafaei, A., Yu, S., Rodrigues, R., **Ilinca, S.**, Zolyomi, E., & Fors, S. (2020). Systematic review of methods used to study the intersecting impact of sex and social locations on health outcomes. *SSM-Population Health*, 100705.

Ilinca S., Di Giorgio L., Salari P & Chuma J. (2020) Socio-economic inequality and inequity in use of health care services in Kenya: Evidence from the fourth Kenya Household Health Expenditure and Utilization Survey, *International Journal of Equity in Health*

Salari P, Di Giorgio L., **Ilinca S.** & Chuma J. (2020) The catastrophic and impoverishing effects of out-of-pocket healthcare payments in Kenya, *BMJ Public Health*

Ilinca S., Leichsenring K., Rodrigues R. (2018) Developing integration around primary care: new professional roles and emerging professions in integrated care delivery. *WHO Public Health Panorama*, 4:4, 615-619.

Rodrigues R., **Ilinca S.**, Schulmann S., (2018) It's Better Together! European Perspective on Benefits and Challenges Associated with Cross-Border Health Communication Campaigns, *PLOS One* 13(10): e0204882

Rodrigues R., **Ilinca S.** & Schmidt A. (2017) Inequality and inequity in the use of long-term care services in Europe: is there reason for concern? *Eurohealth* 23(4), 7-10.

Ilinca S., Rodrigues R, Schmidt A. (2017) Fairness and Eligibility to Long-Term Care: An Analysis of the Factors Driving Inequality and Inequity in the Use of Home Care for Older Europeans. *International Journal of Environmental Research and Public Health* 14(10):1224. Available at: <http://www.mdpi.com/1660-4601/14/10/1224>

Rodrigues R, **Ilinca S.**, Schmidt AE. (2017) Income-rich and wealth-poor? The impact of measures of socio-economic status in the analysis of the distribution of long-term care use among older people. *Health Economics*, 27(3), 637-646. Available at: <http://onlinelibrary.wiley.com/doi/10.1002/hec.3607/abstract>

Sao Jose, J. Amado C., Buttigieg, S., **Ilinca S.**, Taghizadeh Larsson, A. (2017) Ageism in Healthcare: a systematic review of operational definitions and inductive conceptualizations, *The Gerontologist*, gn020, <https://doi.org/10.1093/geront/gnx020>

Plochg T., **Ilinca S.**, Noordegraaf, M. (2017) Beyond integrated care, *Journal of Health Services Research & Policy*, 22: 3, 195- 197. Available at: <http://journals.sagepub.com/doi/abs/10.1177/1355819617697998>

Schmidt A., **Ilinca S.**, Schulmann K., Rodrigues R., Principi A., Barbabella F., Sowa A., Golinowska S., Deeg D. and Galenkamp H. (2016) Fit for caring: factors associated with informal care provision by older individuals with and without multimorbidity. *European Journal of Ageing*, 13:2. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5550603/>

Sowa A. Golinowska S., Deeg D., Principi A., Casanova G, Schulmann K., **Ilinca S.**, Rodrigues R., Moreira A., and Galenkamp H. (2016) Predictors of religious participation of older Europeans in poor and good health, *European Journal of Ageing*, 13:2. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4902827/>

Golinowska, S., Sowa, A., Deeg, D., Socci, M., Principi, M., Rodrigues, R., **Ilinca S.** & Galenkamp, H. (2016) Participation in formal learning activities of older Europeans in poor and good health, *European Journal of Ageing*, doi: 10.1007/s10433-016-0371-6. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4902828/>

Ilinca S. & Calciolari S. (2015) The patterns of health care utilization of elderly Europeans: frailty and increased care utilization, *Health Services Research*, 50: 1, 305 -320. Available at: <http://onlinelibrary.wiley.com/doi/10.1111/1475-6773.12211/abstract>

Calciolari S. & **Ilinca S.** (2015) Unravelling Care Integration: Assessing its Dimensions and Antecedents in the Italian Health System, *Health Policy*, December 13. Available at: <http://www.sciencedirect.com/science/article/pii/S0168851015003048>

Van Wijngaarden JDH, Botje D., **Ilinca S.**, van der Waa N., Veloso Mendes R., Hamer S. and Plochg T. (2012) How doctor involvement in management affects innovation, *International Journal of Healthcare Management*, Dec 2012: theme issue. Available at: <http://www.tandfonline.com/doi/citedby/10.1179/2047971912Y.0000000021?scroll=top&needAccess=true>

Ilinca S., Hamer S., Botje D., Espin J., Veloso Mendes R., Mueller J., van Wijngaarden J., Vinot D. & Plochg T. (2012) All you need to know about innovation in healthcare: The 10 best reads, *International Journal of Healthcare Management*, Dec 2012: theme issue. Available at: <http://www.tandfonline.com/doi/abs/10.1179/2047971912Y.0000000018?journalCode=yjhm20>

Calciolari S. & **Ilinca S.** (2011) Comparing (and learning from) integrated care initiatives: An analytical framework. *Journal of Integrated Care*, 19: 4-13. Available at: <http://www.emeraldinsight.com/doi/abs/10.1108/14769011111191412>

CONTRIBUTIONS TO PEER- REVIEWED BOOKS & REPORTS

Ilinca S. & Suzuki E. (2021) Gender and socio-economic differences in modifiable risk factors for Alzheimer's disease and other types of dementia throughout the life course. In: *Ferretti, Santuccion Chada & Schumacher (Eds.) Sex and Gender Differences in Alzheimer's Disease. Elsevier.*

Buttigieg, S., **Ilinca, S.**, Sao Jose, J., Taghizadeh Larsson, A., (2018) Researching ageism in health and long-term care: conceptualizations and methodological approaches in empirical research. In Ayalon, L. & Tesch-Roemer C. *Contemporary Perspectives on Ageism*. Springer. Available at: <http://www.springer.com/us/book/9783319738192>

Özdemir, E., Ward, T., Fuchs, M., **Ilinca, S.**, Lelkes, O., Rodrigues, R. & Zólyomi, E. (2016) Employment of Older Workers. Social Situation Monitor, Research Note no. 5/2015. Available at: http://www.euro.centre.org/data/1466590070_77042.pdf

Rodrigues R., **Ilinca S.** & Schmidt A. (2014) Analysing equity in the use of long-term care in Europe, European Commission Social Situation Monitor, Research Note 9/ 2014. Available at: <http://ec.europa.eu/social/BlobServlet?docId=13627&langId=en>

CONTRIBUTIONS TO BOOKS, REPORTS & POLICY BRIEFS

Ilinca S., Simmons C., Zonneveld N., Benning K., Comas-Herrera A., Champeix C., Nies H., Leichsenring K. - Social Innovation in long-term care in Europe: Towards a common narrative for change. *InCARE Policy Brief No. 1*.

Ilinca S., Rodrigues R. (2019) The long-term care mix in Austria: An overview of care provision by formal and informal caregivers. European Centre Policy Brief 2019 / 6.

Schulmann K., **Ilinca S.**, Rodrigues R. (2019) Rights-based approach to care and support for older persons. European Centre Policy Brief 2019 / 1.

Schulmann K., **Ilinca S.**, Rodrigues R. (2018) From disability rights towards a rights-based approach to long-term care in Europe: Conceptual framework for a human rights-based approach to care and support for older individuals. Euro Centre Publication. Available at: <http://www.euro.centre.org/publications/detail/3094>

Schulmann K., **Ilinca S.**, Rodrigues R. (2017) From disability rights towards a rights-based approach to long-term care in Europe: Literature review. Euro Centre Publication. Available at: <http://www.euro.centre.org/publications/detail/3092>

Schulmann K., **Ilinca S.** Leichsenring K., (2017) Community care for people with dementia: A handbook for Policymakers, European Centre Occasional Papers Series, May 2017, Vienna. Available at: <https://www.euro.centre.org/downloads/detail/1593>

Ilinca, S., Rodrigues, R., Schmidt, A. & Zólyomi, E. (2016) Gender and social class inequalities in Active Ageing: policy meets theory. European Centre report, July 2016. Available at: http://www.euro.centre.org/data/1472633387_11345.pdf

Ilinca S., Leichsenring K. & Rodrigues R. (2015) From care in homes to care at home: European experiences with (de)institutionalisation in long-term care, European Centre Policy Brief, December 2015. Available at: http://www.euro.centre.org/data/1449741582_83911.pdf

Ilinca, S., Schulmann, K. & Rodrigues, R. (2015) State of the Art Review on ICT-enabled Social Innovation in Prevention, Health Promotion and Rehabilitation, Report commissioned by JRC-IPTS. Vienna & Sevilla: European Centre & European Commission JRC-IPTS. (not publicly available)

Calciolari S. & **Ilinca S.**, (2012) Integrazione delle cure: risultati da un'indagine empirica, in Calciolari & Meneguzzo, *Management Sanitario: principi, esperienze locali e internazionali, prospettive*

ACKNOWLEDGED CONTRIBUTIONS TO OFFICIAL POLICY REPORTS

World Health Organization (2020) Romania. Country case study on the integrated delivery of long-term care. WHO Regional Office for Europe series on integrated delivery of long-term care. Copenhagen: WHO European Office.

World Health Organization (2020) Portugal. Country case study on the integrated delivery of long-term care. WHO Regional Office for Europe series on integrated delivery of long-term care. Copenhagen: WHO European Office.

World Health Organization (2019) Country assessment framework for the integrated delivery of long-term care. Copenhagen: WHO European Office.

World Health Organization (2019) Denmark. Country case study on the integrated delivery of long-term care. WHO Regional Office for Europe series on integrated delivery of long-term care. Copenhagen: WHO European Office.

Alzheimer's Disease International. (2019). World Alzheimer Report 2019: Attitudes to dementia. London: Alzheimer's Disease International.

World Health Organization. (2018). The health and well-being of men in the WHO European Region: better health through a gender approach. Background report for the Strategy on the health and well-being of men in the WHO European Region.

POLICY ADVICE & ADVOCACY (SELECTED INVITED TALKS)

Ilinca S., World Dementia Council – Invited expert at global workshop on Care, virtual event 7 February 2021

Ilinca S., An equity-based approach to dementia prevention : Socio-economic and gender differences in modifiable risk factors for dementia throughout the life course, Keynote presentation – National Alzheimer's Conference, Romania – virtual event 26-27 February 2021

Ilinca S, Affordability of long-term care services and support to informal caregivers, WHO Intersectoral workshop on Integrated Long-term Care in Lithuania, Vilnius 2 Dec 2019.

Ilinca S, Addressing inequalities in access to long-term care through system and service design. WHO expert meeting on long-term care reform in Russia, Moscow Nov 2019.

Ilinca S, Gender inequality in health and access to care in old age: cognitive and functional decline, The journey to age in dignity House of the European Union, Vienna Oct 2019.

Ilinca S, Kennelly S, Bentley J, Bringing equity in brain health to the top of the European agenda: Regional challenges and shared priorities. Lunchtime information event at the European Parliament. Brussels, 5 Mar 2018.

Ilinca S, Scoppetta A, Schulmann K, Integrated service delivery – 40 years in the making. Oral presentation at the European Centre General Assembly Meeting. United Nations Office Vienna, 25 Oct 2017.

Ilinca S & Schulmann K, Community care for people with dementia: A handbook for Policymakers. Expert workshop supported by the Swedish National Board of Health and Welfare and Swedish Ministry of Health and Social Affairs.

Stockholm, 6 Dec 2016.

Ilinca S, Rodrigues R, Schmidt A, Zólyomi E, Gender and Social Class Inequalities in Active Ageing: Policy Meets Theory. Presentation at the European Health Forum Gastein. Bad Hofgastein, 27-30 Oct 2016.

Ilinca S, Leichsenring K, Rodrigues R, From care in homes to care at home: European experiences with (de)institutionalisation in long-term care. Thematic Briefing at the 15th Working Session of the CRPD Committee - Geneva, 8 April 2016.

PARTICIPATION INTERNATIONAL RESEARCH PROJECTS

InCARE Supporting inclusive development of community-based long-term CARE services through multi-stakeholder participatory approaches (2020 - 2023)

Funded by: European Programme for Employment and Social Innovation "EaSI".

Roles: Principal investigator/ project coordinator - coordinating role in research project implementation and reporting. Active role in preparing research proposal and research plan.

Strengthening research capacity and policy responses to dementia in Romania (2019 - 2020)

Funded by: Alzheimer's Association & Alzheimer's Society

Roles: Principal investigator - coordinating role in research project implementation and reporting. Active role in preparing research proposal and research plan.

FUTUREGEN Evolving gender differences in health & care across cohorts (2019 - 2022)

Funded by: Gender-ERA-Net

Roles: Active role in application process (preparing research proposal and research plan). Active (on-going) role in research project implementation, report drafting and dissemination efforts.

Scoping study on communication to address and prevent chronic diseases (2014-2015)

Funded by: DG Santé, European Commission

Roles: Active role in research project implementation and reporting. Active role in preparing research proposal and research plan.

Determinants of use of care in Slovenia and Austria: DET_CAREMIX (2017 - 2019)

Funded by: Austrian Research Fund & Slovenian Research Agency

Roles: Active role in application process (preparing research proposal and research plan). Active (on-going) role in research project implementation, report drafting and dissemination efforts.

Towards a rights-based approach in long-term care: Index of rights-based policies in Europe (2017-2019)

Funded by: Swedish Ministry of Health and Social Affairs

Roles: Active role in preparing research proposal and research plan. Active role in research project implementation, report drafting and dissemination efforts.

A new framework for integrating health services delivery and long-term care (2016 - 2019)

Funded by: WHO Regional Office for Europe – European Centre for Primary Health Care

Roles: Active role in application process and proposal writing (developing research plan, study design and methodological approach). Active role in research project implementation, report drafting and dissemination efforts

WHO report on Men's health in the European region (Apr- May 2018)

Funded by: WHO Regional Office for Europe

Roles: Active role in application process and in carrying out research activities

Reviews of scientific evidence and policies on nutrition and physical activity (Mar – Dec 2017)

Funded by: DG Santé, European Commission

Roles: Active role in preparing research proposal and research plan. Active role in research project implementation.

Community care for people living with dementia in Europe - A policy toolbox for implementing quality care

(Jan – Dec 2016)

Funded by: Swedish Ministry of Health and Social Affairs

Roles: Active role in preparing research proposal and research plan. Active role in research project implementation, report drafting and dissemination efforts.

Gender and social class inequalities in active ageing: Policy meets theory (Jan – July 2016)

Funded by: Swedish Ministry of Health and Social Affairs

Roles: *Coordinating role* in research project implementation, report drafting and dissemination efforts. Active role in preparing research proposal and research plan.

Social protection assessment for values and effectiveness (2014 - 2016)

Co-financed: Progress Program

Roles: *Coordinating role* in research project implementation, report drafting and dissemination efforts.